



Leisure Activities Literature				
Organization	Service Description	Address	Phone Number	Website
Autism Awareness Centre Inc.	Article providing informatioun on Developing Leisure Activities for Individuals with ASD	56 Sussex Crescent SW Calgary, AB T2W 0L5, Canada	1-866-724-2224	https://autismawarenesscentre.com/developing-leisure-activities-for-individuals-with-asd/
Autism Speaks	Offers information about recreational activities such as the benefits, how to figure out what your child likes, how to deal with a bad recreational experience, some examples of recreational activities to try, and some possible resources to begin your search for recreational activities	Locations Vary	1-888-288-4762	https://www.autismspeaks.org/recreation-0
Autistic and Unapologetic	20 Ideal Hobbies, Activities, and Sports for People with Autism	n/a	n/a	https://autisticandunapologetic.com/2018/01/27/20-ideal-hobbies-activities-and-sports-for-people-with-autism/
Harkla	Website provides 10 therapuetic activities for children with ASD including using visual charts, activities that promote social skills building, and sensory friendly activities	n/a	1-844-442-7552	https://harkla.co/blogs/special-needs/therapeutic-activities-autism
Love to Know	Offers ideas of recreational activities for adults with autism	n/a	n/a	https://autism.lovetoknow.com/Activities for Autistic Adults

Raisingchildren.net.au	Suitable for youth ages 9-18 years of age, an article about social and recreational activities for teenagers with autism spectrum disorder	n/a	n/a	https://raisingchildren.net.au/autism/school-play-work/social-life/social-activities-for-teens-with-asd
Spectrum News	An article providing information about a study conducted showing individuals with autism benefits from choosing their own activities	n/a	n/a	https://www.spectrumnews.org/opinion/leisure-activities/

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